

# Oily skin, Oily skin with dilated pores

## Common features:

- The skin presents a shiny & oily look.
- The pores appear dilated pores, particularly on the nose, forehead and cheeks.
- The epidermis has a dull grayish tinge.
- The skin tends to break out and presents blackheads and pimples.

## Contributing factors:

- Hyper-secretion of sebaceous glands
- Hormonal factors
- An unbalanced diet rich in fat and cholesterol
- An anxious and irritable type of personality

## Special considerations:

Hyper-secretion of sebaceous glands is due to an alteration of the chemical composition of sebum (skin oil) due to hormonal fluctuations. The first appearance of oily skin is often during the puberty and the problem is often amplified by an unbalanced diet and an anxious personality type.

Normalization of oily skin is not easy as excess production of sebum is linked to endocrine system (hormonal) and genetic factors. From the cosmetics perspective it requires:

1. Balance hygienic treatments without aggressive detergents
2. Astringent products that help tighten the pores and reduce sebum secretion

Sebum-balancing ingredients such as amino acids, vitamins, and compounds containing sulfur help regulate excess production of sebum

## Recommended Treatments & Products

### Recommended Professional Treatments:

- |                                  |                     |
|----------------------------------|---------------------|
| 1. BIOCLEAR Elixir Marin Program | (1-4 times a month) |
| 2. BIOCLEAR Sebo-Balance Program | (1-4 times a month) |
| 3. CHOLLEY Whitening Program     | (1-4 times a month) |

### Recommended Professional Products:

|                                        |                      |                                                               |                                                                                                              |
|----------------------------------------|----------------------|---------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Exfoliation &amp; Purification:</b> | Ref. 239<br>Ref. 718 | BIOCLEAR G3 Mask<br>CHOLLEY Phyto-Exfoliant Suractivée        | Exfoliating, purifying, & normalizing<br>Exfoliating & purifying mask                                        |
| <b>Intense Peeling</b>                 | Ref. 235<br>Ref. 234 | BIOCLEAR AHA Peeling System<br>BIOCLEAR Professional AHA Mask | Intense exfoliation with alpha-hydroxy acids<br>Intensely exfoliating, brightening & hydrating mask with AHA |
| <b>Regeneration &amp; Anti-aging</b>   | Ref. 232<br>Ref. 710 | BIOCLEAR Elixir Marin Program<br>CHOLLEY Clearing Mask        | Purifying & anti-aging mask<br>Clearing, whitening & anti-age spots                                          |

### Products for essential home care:

|                     |                                  |                                                                              |                                                                                                              |
|---------------------|----------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Cleansing:</b>   | Ref. 215                         | BIOCLEAR Lait                                                                | Purifying & hydrating milk                                                                                   |
| <b>Toning:</b>      | Ref. 214                         | BIOCLEAR Lotion                                                              | Purifying & hydrating lotion                                                                                 |
| <b>Day Cream:</b>   | Ref. 725<br>Ref. 707<br>Ref. 702 | CHOLLEY Edelweiss Cream SPF20<br>CHOLLEY Crème AHA<br>CHOLLEY Phyto Emulsion | Protection & hydrating cream<br>Hydrating cream with alpha-hydroxy acids<br>Hydrating & clearing fluid cream |
| <b>Night Cream:</b> | Ref. 1015                        | PHYTOBIOTECH Satin Balm                                                      | Detox, firming, & deglycating mask                                                                           |
| <b>Lifting:</b>     | Ref. 1018                        | PHYTOBIOTECH Instant Lifter                                                  | Anti-aging lifting serum                                                                                     |

### Products for total home care:

|                                               |                                   |                                                                                                |                                                                                                                                                                    |
|-----------------------------------------------|-----------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Peeling &amp; Purification:</b>            | Ref. 239<br>Ref. 718              | BIOCLEAR G3 Mask<br>CHOLLEY Phyto-Exfoliant Suractivée                                         | Exfoliating, purifying, & normalizing<br>Exfoliating & purifying mask                                                                                              |
| <b>Acne Prevention:</b>                       | Ref. 230                          | BIOCLEAR Stop Imperfections                                                                    | Antiseptic & soothing cream                                                                                                                                        |
| <b>Eye Contour:</b>                           | Ref. 221<br>Ref. 222<br>Ref. 1005 | BIOREGENE Crème Contour des Yeux<br>BIOREGENE Crème Anti-Cernes<br>PHYTOCELL Eye Contour Cream | Anti-wrinkle eye contour cream<br>Eye contour cream against puffiness & dark circles<br>Super premium eye cream ( <i>anti-wrinkle / dark circles / puffiness</i> ) |
| <b>Intense Anti-Aging</b>                     | Ref. 1001                         | PHYTOCELL Cream                                                                                | Super premium antioxidant cream                                                                                                                                    |
| <b>Intense Anti-Wrinkle</b>                   | Ref. 1002                         | PHYTOCELL Booster                                                                              | Super premium anti-wrinkle & lifting serum                                                                                                                         |
| <b>Normalizing &amp; Tightening the pores</b> | Ref. 233                          | BIOCLEAR "S" Ampoules                                                                          | Purifying ampoule for normalizing dilated pores                                                                                                                    |
| <b>Sun Protection</b>                         | Ref. 730                          | CHOLLEY Alpine Solar Defense SPF 50                                                            | UVA + UVB total protection                                                                                                                                         |